



# Advance Care Planning

A SPECIAL PROGRAM FOR INDEPENDENT HEALTH MEMBERS

## What is Advance Care Planning?

A specialized home care program that coordinates services between you, your doctor, and your insurance. It is designed for people with serious illness and their loved ones to help patients maintain their independence, preserve their right of choice, foster hopefulness and help them live each day as completely as possible.

## Do you, your children, or loved ones need help living with your illness?

### ADVANCE CARE PLANNING:

- connects you with home health care, volunteers, and caregiver training
- provides psychosocial support, and education about yourselves
- links you with needed community services, such as support groups
- will help you avoid hospital/ER visits
- is your advocate
- comes to you, so **you don't have to leave your home**



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WNY's premier grief counseling agency. Specializing in grief and loss for over 30 years.

To learn more about Advance Care Planning or to find out if you are eligible for the program, call Life Transitions Center, Inc. at (716) 836-6460. This program serves Erie and Niagara County. Life Transitions Center is an affiliate of the Center for Hospice & Palliative Care.

*The Advance Care Planning service is offered in Erie County by Life Transitions Center, Inc. for Independent Health Members.*